

*A Handbook of Free-standing Gymnastics*, by E. Adair Roberts (Sherratt and Hughes, 3/6). This volume has been adopted by the Ling Association of trained teachers of Swedish gymnastics, and that is a sufficient recommendation. Part I. gives a series of complete lessons on the lines of the model course of physical exercise issued by the Board of Physical Education. Part II. gives, so to speak, the theory of these exercises to further the intelligent work of teachers. The instructions are very clear, and the illustrations most assisting. We have not seen a better manual of free-standing gymnastics.